Issue 114
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Autonomy 4 Women

Our next socials will be on:
Wednesday January 17th 2024
and
on Wednesday February 21st
from 6:30pm-about 10:00pm
at:
Severn Gorge, Southwater Way, SATNAV: TF3 4FU
See you there!

Our next Autonomy newsletter (Issue 115) will be the March 2024 edition.

Happy 20th Birthday to Autonomy (formerly Shropshire Autistic Adults, SAA)

Save the date!

In celebration of Autonomy's 20th year, we will be having a party on **Saturday, April 27th 2024, from 7:30pm in the Arthur Rowley Suite, Shrewsbury Town Football Ground, SY2 6ST**

More information about the party will be in Issue 115 (March 2024) of the Autonomy newsletter.

History of Autonomy:

Shropshire Autistic Supporters (SAS) was a group for autistic children and their parents, but the child/ren left at the age of 18. Eric was 20 years old and there was a gap in provision for autistic young people and adults. This was discussed by SAS in late 2003 with the suggestion that the group be named 'Shropshire Autistic Adults', but Sara preferred 'Autonomy'.

The first SAA/Autonomy newsletter was produced by Steve Coburn in January 2004. The social activity was Ten Pin Bowling on Tuesday, January 20th. By July 2004, Sara and Eric were running the socials with bowling being a favourite; they ran the Autonomy newsletter and the socials from October 2004 with a Christmas dinner in December.

Sara has an archive of newsletters since January 2004 if you wish to read them. They are no longer stored on our (newly refreshed and leaner) website, but can be sent to you on request.

Autonomy Newsletter

Autonomy Social Events

Telford Socials:

The Severn Gorge, Southwater Way, SATNAV: TF3 4FU (01952) 290404
Monday January 1st
Monday February 5th
from 6.30pm - about 10.00pm

The Bridgebuilder, Wrekin Retail Park. Wellington, TF1 2DE
Monday January 15th
Monday February 19th
from 7pm -10pm

Shrewsbury Socials:

Ten Pin Bowling at: Hollywood Bowl, Brixton Way, SY1 3AZ
Tuesday January 9th from 6:30-8.00pm. Cost £3.20. Meet in the bar area, one bowling game. Members have asked to go to a pub after bowling as we used to do so options will be discussed there.

***Trial session* at The Beaten Track, Old Potts Way, Shrewsbury SY3 7ET (next to Cineworld) on Tuesday, January 23rd** from 7:00pm - 10:00pm.

The Abbey, 83, Monkmoor Road, SY2 5AZ, (01743) 236788 Tuesday, February 13th
from 7:00pm - 10:00pm.

The Beacon Pub, Copthorne Road, SY3 8LP (01743) 344286 Tuesday, February 27th
from 7:00pm - 10:00pm.

Autonomy 15th birthday party

On Saturday, November 11th we celebrated 15 years of Autonomy social events in Telford with 30 members attending. The party was funded from a kind donation when Councillor Stefan Heighway was Mayor of Great Dawley.

We wanted to support Dawley in return so booked Dawley Town Hall for the evening and had catering from Amanda's Ow Bist'Ro in Dawley High Street. Guests included Gareth and Amy from Rocking Horse Media

We had entertainment provided with a disco from Adrian Davies and Autonomy member Sam Cooper singing his original songs. A good evening was had by all.













Amanda's Bist'Ro buffet.











15th party continued:





Christmas Dinner 2023 Updates

Thanks to the generous donation by We are all Making a Difference Charity Trust, our Christmas Dinners were enjoyed by 74 of us in Telford and in Shrewsbury.

28 members and family members had a good time at the **Severn Gorge Pub** on Monday December 4th.























(All photos by Sara).
**These are also on our Shropshire Autonomy Facebook Group page*.*

46 members, family members and The Mayor of Shrewsbury Town and her Consort, Andy, enjoyed our meal at the **Featherbed Pub** on Tuesday Dec 12th.





Shrewsbury Christmas Dinner contd:





















(All photos by Sara).
**These are also on our Shropshire Autonomy Facebook Group page*.*

Autonomy Christmas Card Competition Winners

The winning photo:

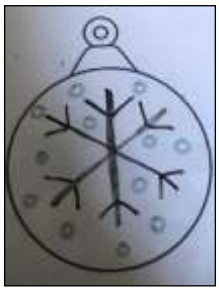


Reindeer

Congratulations to Chloe (first prize)



Congratulations to Holly (runner up). Well done!



Thanks to all the other entrants too!

We had a lot of entries for the Autonomy 2023 Christmas Card competition and the winners were chosen in a poll of Shropshire Autonomy group page members with some non-Facebook votes being sent in via text.

As there were so many photos to choose from and to make it fairer for all entrants, it has been suggested that there should be some competition rules in next year's competition.

Here are some rules - do you think they are ok?

1. Just 2 photos/ pictures/ paintings should be submitted per entrant.

2. Each should be an original - drawn/painted or photographed by the member and not previously submitted.

3. A deadline for entries so members cannot add new entries at short notice.