Autonomy Newsletter

Issue 116
May
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Autonomy 4 Women

Our next meetings this year will be:

Wednesday May 15th

Wednesday June 19th.

from 6.30pm - about 9:00pm

at:
The Severn Gorge
Southwater Way
SATNAV: TF3 4FU
(01952) 290404

See you there!

Our next Autonomy newsletter (Issue 117) will be the July 2024 edition.

Autonomy Sabrina Boat Trip for all members.



As train strikes are still happening, members have asked if we could go on the Sabrina Boat (sabrinaboat.co.uk) in Shrewsbury. We are planning that this will be on **Saturday, June 22nd at 2pm** but please check that it is going ahead before you travel. Members can choose to have a picnic or meal out before or after the session.

Historically, we had our first trip on the Sabrina in 2009 and our latest trip was in 2014 after which we went to the Quarry Park for an icecream and a coffee. It is time we went on her again!



Members and Sara ready to go in 2014!

Please do not just turn up as we need to book our places. They will be at carer/cared for rates. Bookings can be made to Sara via Messenger, text or email and the deadline for booking is May 31st. Sara will confirm the trip is happening the week beforehand.

Autonomy Social Events *open to all members*

Telford Socials:

The Severn Gorge, Southwater Way, SATNAV: TF3 4FU (01952) 290404
Monday May 6th (May Bank Holiday)
and Monday June 3rd
from 6:30pm - about 9:30pm.

The Bridgebuilder, Wrekin Retail Park, Wellington, TF1 2DE
Monday May 20th
Monday June 17th
from 7pm - about 10:00pm.

Shrewsbury Socials:

Ten Pin Bowling at: **Hollywood Bowl, SY1 3AZ** on **Tuesday May 14th from 6:30- 8pm. Cost is free!** Meet in the bar area, one bowling game. ***Some members will be going to The Featherbed, Battlefield Road, Shrewsbury SY1 4AB for a social after bowling at 7.45pm-8pm so please arrive promptly for the bowling game.***

The Beaten Track, Old Potts Way, Shrewsbury SY3 7ET (next to Cineworld) on **Tuesday, May 28th from 7:00pm - 9:00pm.**

The Abbey, 83, Monkmoor Road, SY2 5AZ, 01743 236788 **Tuesday, June 11th from 7:00pm - about 10:00pm.**

The Beacon Pub, Copthorne Road, SY3 8LP (01743) 344286. **This has now moved to: Thursday, June 27th** from **7:00pm - about 10:00pm** due to the England matches in the Euro championships.

Autonomy's 20th Anniversary Party

On Saturday, April 27th over 70 members and family members celebrated our 20th year at Shrewsbury Town Football Club. We were delighted to have Deputy Mayor David Vasmer and the Labour candidate for Shewsbury, Julia Buckley attend as well. The disco was run by Adrian Davies and cakes were baked by Amanda's Ow Bist'ro. Celebratory mugs were also given to members. Sara was given 5 very special presents, including flowers, pens, an award, a medal and a certificate in the name of Lady Sara Heath! A good time was had by all! Photos are by Birgitta Zoutman.



































