Issue 126
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Autonomy 4 Women

our next socials will be:
on Wednesday January 21st 2026
and
on Wednesday February 18th
from 6:30pm-about 10:00pm
at:

The Severn Gorge
Southwater Way
SATNAV: TF3 4FU
(01952) 290404

See you there!

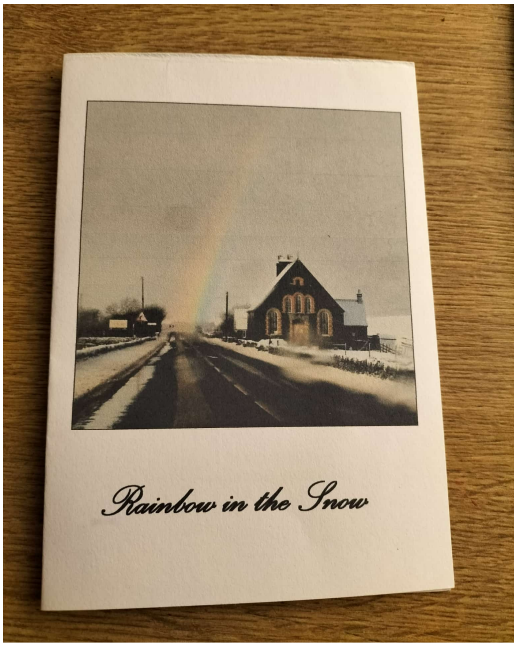
Our next Autonomy newsletter (Issue 127) will be the March 2026 edition.

Autonomy Christmas Card Competition Winners

We had fewer entries for the Autonomy 2025 competition and we made it even fairer by making it anonymous. This year's winner was chosen in a poll of Shropshire Autonomy group page members with some non-Facebook votes being sent in via text.

The rules are now that the entrants must be *active Autonomy members* ie having attended our social events as those are the people who will receive the cards so it is best that they decide the winner(s). Another rule is that being anonymous, competitors and/or family members should not tell other members to vote for their or their family member's picture.

We had one winner Ashley Goldstraw and he is new to the competition. Sadly Sara did not get a photo of her giving Ashley his winning card, but here is the picture his 'Rainbow in the Snow'. I was told that the photo was taken in Betws-y-Coed in 2017-18. Well done Ashley!



Autonomy Newsletter

Autonomy Social Events

Telford Socials:

Telford Pub Socials at: The Severn Gorge, Southwater Way, SATNAV: TF3 4FU
(01952) 290404
Monday, January 5th
Monday, February 2nd
from 6.30pm - about 10.00pm

Telford Pub Socials at **The Bridgebuilder, Wrekin Retail Park. Wellington, TF1 2DE**
Monday, January 19th
Monday, February 16th
from 7pm -10pm

Shrewsbury Socials:

Ten Pin Bowling at: AMF Bowling, Shrewsbury, SY1 3AZ on Tuesday, January 13th from 6:30-7.45. Cost FREE. Meet in the bar area, one bowling game.
Some members will be going to The Featherbed, Battlefield Road, Shrewsbury SY1 4AB for a social after bowling at 7.45pm-8pm so please arrive promptly for the bowling game.

The Beaten Track, Old Potts Way, Shrewsbury SY3 7ET (next to Cineworld) on **Tuesday, January 27th from 7:00pm - 9:00pm (closes early).**

The Red Lion, 29 Battlefield Road, SY1 4AB (01743) 443291 Tuesday, February 10th from 7:00pm - 10:00pm.

The Beacon Pub, Copthorne Road, SY3 8LP (01743) 344286 Tuesday, February 24th from 7:00pm - 10:00pm.

Christmas Dinner 2024 Update

Thanks to a generous donation by: We are all Making a Difference Charity Trust and donations from our supporters our Christmas Socials were enjoyed by about 77 of us in total in Telford (23 on Dec 1st) and in Shrewsbury, (over 50 on Dec 9th).

Telford photos:








(Severn Gorge and Featherbed photos by Sara. **These are also on our Shropshire Autonomy Facebook Group page*.*

Shrewsbury photos (with some new faces!)














Sara apologises for members who were not in the photos including the Richards Family and Naomi due to blurring, and Victoria, Ashley, Simon, Nick, Joe S, Helen, Reece and Sam due to Sara trying too hard to multitask at the busy event!

Many thanks to all members who have given time to support our events and other members during this year. Thanks also for the cards, presents and best wishes for Eric and Sara.

Update on Rocking Horse Media Film Workshop showing!

After our filming workshop in April we and the RHM Team finally got to see our autism film 'Just a Misunderstanding' on November 30th at the Hive in Shrewsbury. (This is the new home for Rocking Horse Media!) We have plans to work with them again in the New Year! Photos by Paul Robert Garrett.



