Autonomy Newsletter
Issue 128
May
2026

Sara and Eric Heath
www.shropshireautonomy.co.uk

Contact us on
01743 821363
07895142801
or Autonomy via
@AutonomyASD
or at
sara@shropshireautonomy.co.uk

Autonomy 4 Women

Our next meetings this year will be:

Wednesday May 20th

Wednesday June 17th

from 6.30pm - about 9:30pm

at:
The Severn Gorge
Southwater Way
SATNAV: TF3 4FU
(01952) 290404

See you there!

Our next Autonomy newsletter (Issue 129) will be the July 2026 edition.

The second of a series of Film Workshops with Rocking Horse Media

In March we had our Feasibility Session where we explored options for what our film could look like and we learned more about film making.

In our second session we will have 'hands on' experience of cameras and sound equipment in readiness for filming our film!

The workshop will be held on Saturday, May 30th from 1.30pm-3.30pm at The Hive, 5 Belmont, Shrewsbury SY1 1TE 01743 234970
http://www.hiveonline.org.uk

Please book a place with Sara. It would be great if members could give lifts to participants who don't have transport. Parking should be available on Belmont, Abbey Foregate, Kingsland Bridge and the local Park and Rides.

Sara will keep members updated on future sessions and photos will be featured in our next newsletter.

Autonomy Social Events *open to all members*

Telford Socials:

The Severn Gorge, Southwater Way, SATNAV: TF3 4FU (01952) 290404
Monday, May 4th (May Bank Holiday)
and Monday, June 1st
from 6:30pm - about 9:30pm.

The Bridgebuilder, Wrekin Retail Park, Wellington, TF1 2DE
Monday, May 18th
Monday, June 15th
from 7pm - about 9.30pm.

Shrewsbury Socials:

Ten Pin Bowling at: Hollywood Bowl, SY1 3AZ on Tuesday, May 12th from 6:30- 8pm. **Cost is free!** Meet in the bar area, one bowling game. ***Some members will be going to The Featherbed, Battlefield Road, Shrewsbury SY1 4AB for a social after bowling at 7.45pm-8pm so please arrive promptly for the bowling game.***

The Beaten Track, Old Potts Way, Shrewsbury SY3 7ET (next to Cineworld) on Tuesday, May 26th from 7:00pm - 9:30pm.

Red Lion, 29 Battlefield Road, Shrewsbury SY1 4AB
(01743) 443291
on Tuesday, June 9th
from 7:00pm - about 9.30pm.
Please look for our reserved tables!

The Beacon Pub, Copthorne Road, SY3 8LP
(01743) 344286
Tuesday, June 23rd
from 7:00pm - about 9:30pm.

Congratulations to Gary Davies for his Mayor of Shrewsbury Environmental Award.

The Mayor Awards are given to 'unsung heroes' towards the end of a Mayoral term of office. Gary was nominated for an Environmental Award. Gary and Kate Adlington went to the reception on Monday, April 27th in the Sovereign Suite of Shrewsbury Town Football Club and he received his award from the Mayor, Councillor, Alex Wagner.

This is what the Mayor said about Gary. '*Gary, a member of the Shropshire Autonomy group, is regularly seen walking around Shrewsbury in the evenings and is always first on the case notifying the Council when he sees that a streetlamp is not working. While we all pass faulty streetlights, it needs someone like Gary to report faults which is greatly important for the town of Shrewsbury as it helps keep the residents safe and helps the council keep track of streetlights that are out of order.*

'Shrewsbury's Self Appointed Street Lamp Monitor' you are doing a fabulous job'.

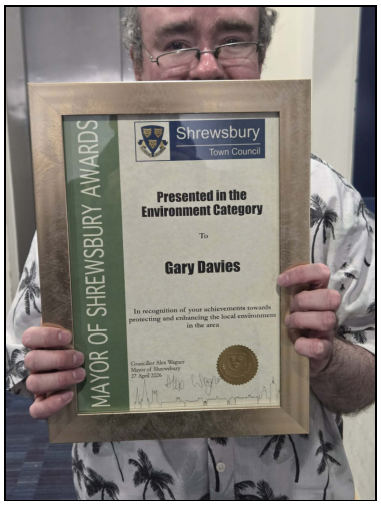
Here is Gary being presented with the award - photo thanks to Kate Adlington.



This is the official photo from Mayors Awards 2026 — Shrewsbury Town Council



Here is Gary with his award certificate – photo thanks to Kate Adlington:



Celebrating 10 years of the Autonomy Football Club

Autonomy FC will be 10 years old in August! It started with a kickabout session at Upton Lane recreation ground in August 2016 and now meets regularly at Lythwood Sports Complex in Bayston Hill during the football season.

Thomas wrote on Autonomy FC's Facebook page that a new 'Autonomy Hero Award' was being given '*to people who have made outstanding contributions to our success over the past decade'.*

He added that '*Barry Vaughan has been recognised for his immense contribution as a volunteer coach for more than eight years. He has devoted hundreds of hours to supporting the team, planning and delivering inclusive football sessions which have helped players of all abilities to develop their skills in a fun, relaxed environment'*.

Thomas also mentioned that player '*Dean Evans has also been recognised for his remarkable dedication to the team. Incredibly, Dean has attended more than 90% of training and matchdays since that very first session in 2016!'*

Many congratulations to Barry and Dean! Here is Dean being presented with his award by Thomas – photo thanks to Adam Stockwell (Autonomy FC's volunteer photographer).



If you are interested in learning more about Autonomy FC or joining the team then please contact Thomas at: autonomyfootball@gmail.com.